

Relationships & Disability



Kentucky National Core Indicators

Many factors contribute to having a meaningful life. Some people find fulfillment in work; others find it in community involvement; still others find it in spiritual pursuits. Whatever the source, a fulfilling, meaningful life involves interacting with other people. Barriers often exist for people with disabilities who want to develop and grow relationships.

Adults in Kentucky who have a disability

33.2%

7% Participated in a community group in the past month in Kentucky vs. 34% Nationwide



Are able to see or talk to family
Kentucky: 30%
Nationally: 82%



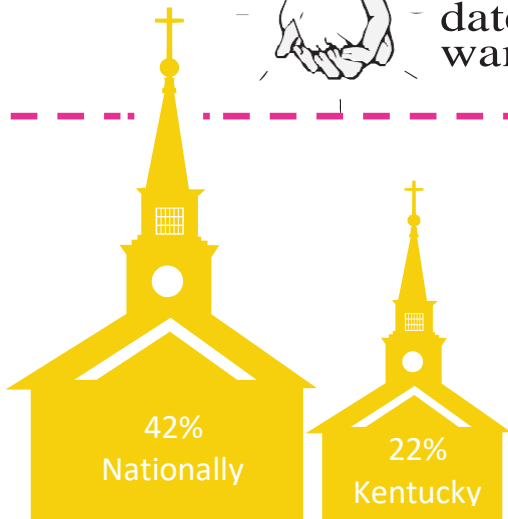
48%

can go on a date if they wanted to

Have friends who are not staff or family members

Kentucky 45%

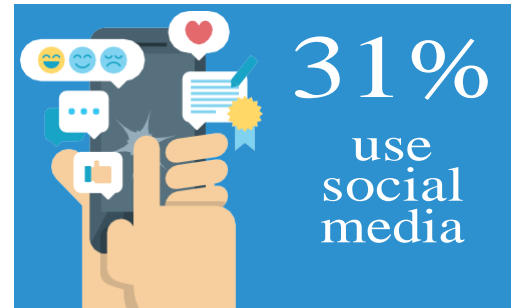
Nationally 79%



Went to a religious service in the past month



Went on vacation in the past year



Resource



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A variety of resources that can help improve your relationships are found all around Kentucky.



Resources developed to facilitate great inclusion for all.

- Together We're Better
- All Means All
- Inclusion Means WITH- Not Just IN

www.inclusion.com

CHARTING the LifeCourse™

Charting the Life Course is a framework that was developed to help individuals with disabilities and families at any age or stage of life think about what they need to know, identify how to find or develop supports, and discover what it takes to live the lives they want to live.

www.lifecoursetools.com



Kentucky National Core Indicators

Community Quality collaborates with the Kentucky Division of Developmental and Intellectual Disabilities on activities that promote success for Kentuckians with disabilities. Kentucky's National Core Indicators project seeks to develop and improve upon performance indicators of services for individuals with developmental disabilities.

www.kentuckycq.org

KENTUCKY DISABILITY RESOURCE MANUAL

Online directory with resources on advocacy, assistive technology, community living, education, employment, finances, health, mental health and transportation.

<http://resources.hdiuk.org/>

RECREATION RESOURCE GUIDE

A handbook of program descriptions and contact information
<https://www.wellness4ky.org/resources/recreation-resource-guide/>



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Kentucky Division of
Developmental and
Intellectual Disabilities



Human Development
Institute