

Relationships & Disability



Kentucky National
Core Indicators

Many factors contribute to having a meaningful life. Some people find fulfillment in work; others find it in community involvement; still others find it in spiritual pursuits. Whatever the source, a fulfilling, meaningful life involves interacting with other people. Barriers often exist for people with disabilities who want to develop and grow relationships.

**Adults in
Kentucky
who
have a
disability**

33.2%

7%
Participated in a
community group in the
past month in Kentucky
vs. 32% Nationwide



**Are able
to see or
talk to
family
Kentucky:
51%
Nationally:
80%**

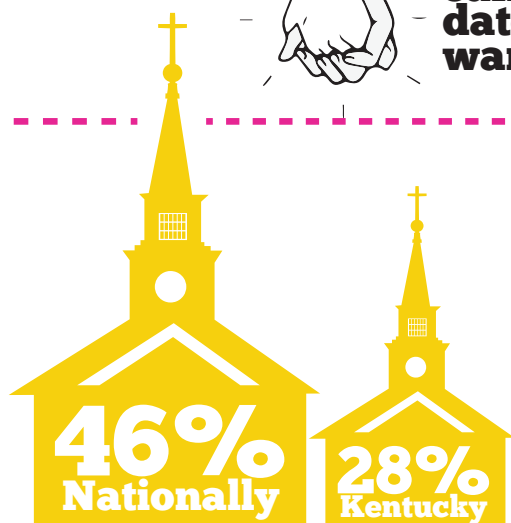


40%
can go on a
date if they
wanted to

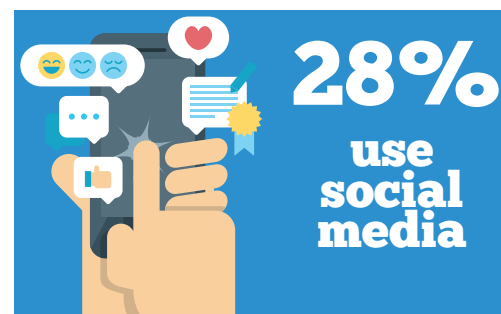
**Have friends who are
not staff or family members**

Kentucky 62%

Nationally 78%



**Went to a religious service
in the past month**



Resources



Kentucky National
Core Indicators

A variety of resources that can help improve your relationships
are found all around Kentucky.



Resources developed to facilitate
great inclusion for all.

- Together We're Better
- All Means All
- Inclusion Means WITH- Not Just IN

www.inclusion.com

CHARTING the LifeCourse™

Charting the Life Course is a framework that was developed to help individuals with disabilities and families at any age or stage of life think about what they need to know, identify how to find or develop supports, and discover what it takes to live the lives they want to live.

www.lifecoursetools.com



Kentucky National
Core Indicators

Community Quality collaborates with the Kentucky Division of Developmental and Intellectual Disabilities on activities that promote success for Kentuckians with disabilities. Kentucky's National Core Indicators project seeks to develop and improve upon performance indicators of services for individuals with developmental disabilities.

www.kentuckycq.org

KENTUCKY DISABILITY RESOURCE MANUAL

Online directory with resources on
advocacy, assistive technology, community
living, education, employment, finances,
health, mental health and transportation.

<http://resources.hdiuk.org/>

RECREATION RESOURCE GUIDE

A handbook of program descriptions and contact information
<https://www.wellness4ky.org/resources/recreation-resource-guide/>



Kentucky National
Core Indicators

Kentucky Division of
Developmental and
Intellectual Disabilities



Human Development
Institute