



# National Core Indicators in Kentucky

## National Core Indicators Continues to Make an Impact

As the survey year is coming to a close, NCI interviewers are busy trying to schedule those last surveys and enter the final data. Meanwhile, we have received the data from last year's survey cycle and we are also working on analyzing that information.

The Adult Consumer Survey is main survey from which the project receives data. Each survey cycle, at least 400 people from around the state are interviewed. Interviewers from the University of Kentucky meet with a wide variety of people who are receiving services through the Division of Developmental and Intellectual Disabilities (DDID).

Each of the Adult Consumer interviews are conducted face-to-face in whatever setting is most convenient for the person being interviewed. Prior to this

face-to-face interview, a pre-survey is completed for each person. The pre-survey is typically completed by the person's case manager.

All of the information is then entered into a database by University of Kentucky staff.

Once the survey cycle is done, the Human Services Research Institute in Boston, Mass analyzes the data

and returns the aggregate information to the University of Kentucky. Most of the reports, charts, and tables produced by the project use this data, with additional number crunching done by UK policy analyst, Laura Smith.

Another survey that the project has been working on this year is the

Family survey. This survey is designed to determine how families and guardians feel about the services that are being provided.

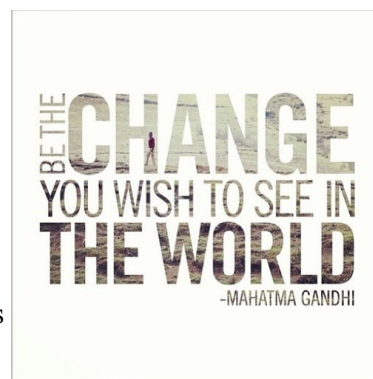
There are two versions of this survey— one version is for families who live with the person

receiving services and the other one is aimed at families in which the person receiving services lives outside of

the family home. These surveys are completed by mail.

There are two other types of surveys that are conducted by Kentucky NCI. They are the Staff Stability Survey and the General Population Survey. The Staff Stability Survey is completed by

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### Want to Find Out More?

For more information about NCI in Kentucky, visit:

[www.belongingky.org](http://www.belongingky.org)

To learn about NCI activities around the country, visit:

[www.nationalcoreindicators.org](http://www.nationalcoreindicators.org)

# Some Findings of the 2011-2012 Adult Consumer Survey

During the 2011- 2012 survey cycle, we find that Kentucky is making improvements in certain areas while losing ground in others.

The data indicate that the people who were surveyed generally feel safe where they live. Kentucky continues to score above average in this category. (See Table 1)

At the same time, the survey results show that people are feeling more lonely. Chart 1 demonstrates the significant differences between those surveyed in Kentucky, the

People feel safe in their home

	Overall %	N
<b>KY</b>	91	331
<b>KY SCL</b>	92.9	112
<b>NCI Average</b>	82	8,243

Table 1

National Core Indicators (NCI) average, and the Kentucky General Population survey (GP).

Kentucky did score well in the areas related to rights and privacy. In

2011—2012 Kentucky scored above average on all of the following items (percentages in **bold** indicate that KY scored highest among all NCI states):

- Proportion of people who reported people always knock before entering home (**87%**).
- Proportion of people who reported people always knock before entering bedroom (**96%**).
- Proportion of people who reported they could be alone at home with visitors (**92%**).
- Proportion of people who reported they have enough privacy at home (**95%**).
- Proportion of people who reported people never read their mail without permission (**96%**).
- Proportion of people who reported they can use phone and internet without restriction (**95%**).

Complete results and other analysis can be found at [belonging-ky.org](http://belonging-ky.org) and [nationalcareindicators.org](http://nationalcareindicators.org).

- Propor-

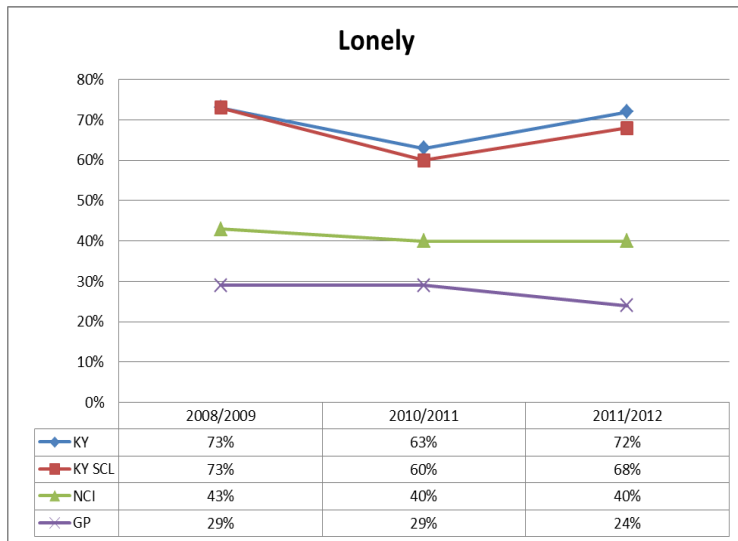
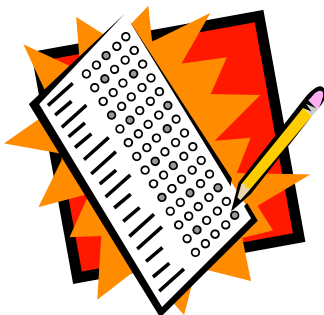


Chart 1

## NCI Interviewers



Paula Caldwell

Staci Case

Lucy Dean

Mary Eads

Cindy Paulding

Laura Smith

Gayle Wadlington

Arline Wilson

# Message from DDID

By Claudia Johnson, Director

We are now in our 14th year of participation in the National Core Indicators. This past year we successfully promulgated a new regulation for the Supports for Community Living waiver, and we couldn't have done it without the data collected and analyzed by the Core Indicators quality workgroup to support the changes. Data showed that KY citizens participating in the waiver were far behind the nation in areas such as employment, loneliness, overuse of psychotropic medication and lack of physical activity.

Using these results and working with many stakeholders, KY wrote and passed a new regulation that will soon be fully implemented. This regulation will give people more opportunity to become an integral part of their community, working, living and playing. In addition, to further improve the lives and supports for people in SCL, DDID developed the KY Focus Tool which is a summary rating

system designed to reflect a person's overall satisfaction with their services. The primary focus is on health and safety issues while evaluating the appropriateness and adequacy of services.

The results of the core indicators surveys also gave us the impetus to start some new projects.

Utilizing information from NCI, DDID began two training initiatives in the areas of Community Belonging and Health/Wellness. Community Belonging focuses on working with 14 agencies and approximately 45-50 specific individuals to explore and develop friendships, relationships, and natural supports in the individual's areas of interest and in their local community. The project has utilized the expertise and coaching of Dr. Angela Amado and coaches providers to think beyond having individuals involved in activities to developing relationships and true engagement in friendships while fading direct support services

to the greatest extent possible.

The Health/Wellness Training Initiative is a partnership between DDID, the Human Development Institute, and the Rehabilitation Research and Training Center on Aging with Developmental Disabilities, University of Illinois at Chicago. Twenty SCL providers volunteered for the Peer to Peer Health Messages Program with fifteen completing or nearing completion of the 12-week training program. The program utilized a team approach of a participant learning to be a Healthy Lifestyle Coach (HLC) and a direct support professional serving as the Mentor to the HLC. The 12-week program focused on weekly lessons devoted to healthy eating and exercising programs. Program data is still being evaluated to determine the effectiveness of this model and development of future plans to continue the initiative.

## National Core Indicators (cont.)

service providers and it is used to determine the continuity of their direct care staff. In addition, the General Population Survey is conducted by phone to a randomly selected group of people across the state. The data from this survey is compared to the Adult Consumer Survey to identify commonalities and differences between the general population and those people with intellectual and developmen-

tal disabilities here in the Commonwealth.

Implementation of the Medicaid wavier changes should begin soon. DDID used NCI data to verify the need for these changes. Once the

changes are in place, we will be looking at NCI data in order to determine their impact.

Stay turned to [www.belongingky.org](http://www.belongingky.org) for updates.



**FROM:**

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**TO:**

## Did You Know?

It's really important that the data collected by NCI is used and understood. So we are creating User Friendly Reports that provide some of the results in a way that is accessible. Check out our website to review these new reports and let us know what you think!

For more information about this newsletter, or to request alternate formats, contact Kathy Sheppard-Jones at [kjone@uky.edu](mailto:kjone@uky.edu) or call 859.257.8104.

## Did you go out for entertainment in the last month?

Eight (8) out of ten (10) people told us that they went out for entertainment in the last month.

